

Measure concentration in Hilbert space

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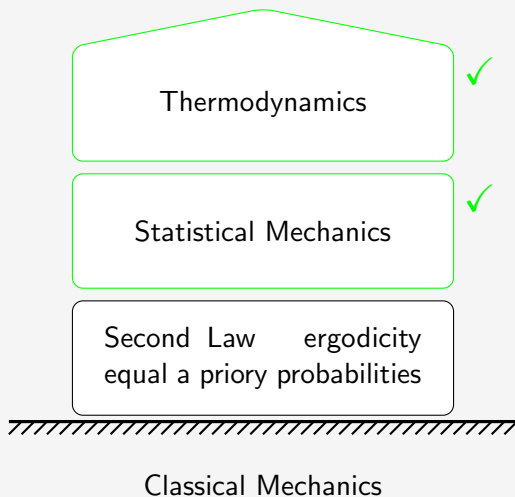
Quantum mechanical typicality and the foundations of Thermodynamics

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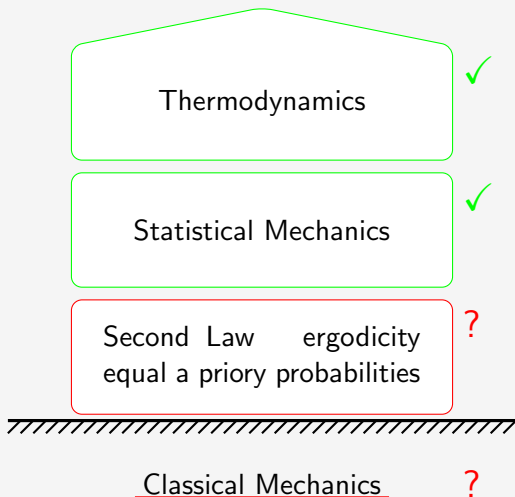
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New foundation for Statistical Mechanics



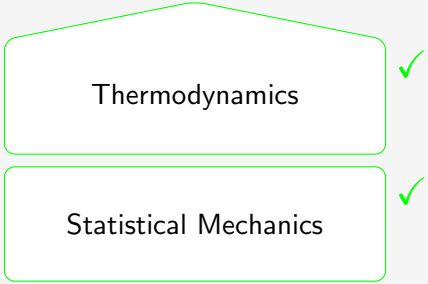
[2, 3]

New foundation for Statistical Mechanics



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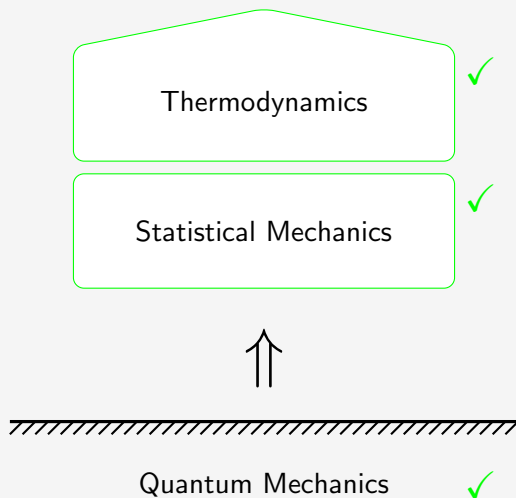


Thermodynamics ✓

Statistical Mechanics ✓

[2, 3]

New foundation for Statistical Mechanics



[2, 3]

What is the equal a priori probability postulate?

The fundamental postulate in Statistical Mechanics:

Equal a priori probability Postulate

We want to calculate the **expectation value** $\langle A \rangle$ but have only **limited knowledge** about the system.

Then:

$$\langle A \rangle = \langle A \rangle_{\text{mc}} := \begin{array}{l} \text{average over all} \\ \text{compatible states} \\ \text{with equal weights} \end{array}$$

What is the Second Law?

- Clausius

Heat generally can not spontaneously flow from a material at lower temperature to a material at higher temperature.

[1,en.wikipedia.org]

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- Boltzmann (H-Theorem)

The entropy in a closed system can not decrease. It stays constant only for reversible processes.

[1, en.wikipedia.org]

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Quantum Mechanics on one slide

Quantum Mechanics on one slide

■ Pure Quantum Mechanics

$$\begin{aligned} |\psi\rangle &\in \mathcal{H} \\ \langle\psi|\psi\rangle &= 1 \\ |\psi_t\rangle &= U_t |\psi_0\rangle \end{aligned}$$

$$\begin{aligned} A &= A^\dagger \\ \langle A \rangle_\psi &= \langle\psi|A|\psi\rangle \\ U_t &= e^{-i\mathcal{H}t} \end{aligned}$$

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$$\rho, \psi \in \mathcal{M}(\mathcal{H})$$

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 \text{Tr}[\rho] &= \sum_i \langle i|\rho|i\rangle = 1 & \langle A \rangle_\rho &= \text{Tr}[A\rho]
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mixtures: $\rho = p \psi_1 + (1 - p) \psi_2$

Measure concentration in Hilbert space

Choosing random states

- Mathematical construction

Haar measure on $SU(n)$ \longrightarrow “uniform” distribution

$$\mu(V) = \mu(U V) \quad U |0\rangle = |\psi\rangle \quad \mu\{|\psi\rangle\} = \mu\{U |\psi\rangle\}$$

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■ Explicit construction

1 expand in basis: $|\psi\rangle = \sum_i (a_i + i b_i) |i\rangle \quad \langle i|j\rangle = \delta_{ij}$

2 choose a_i and b_i from a normal distribution

3 normalize $1 = \sum_i |a_i|^2 + |b_i|^2 \quad \langle \psi|\psi\rangle = 1$

Quantum states as vectors in \mathbb{R}^{2d}

- States $|\psi\rangle$ can be thought of as vectors in \mathbb{R}^{2d} :

$$|\psi\rangle = \sum_i (a_i + i b_i) |i\rangle \in \mathcal{H} \quad \longleftrightarrow \quad \vec{x} \in \mathbb{R}^{2d}$$

$$x_{2i}(\psi) = a_i$$

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- Norm, metric and the uniform measure are preserved:

$$\begin{aligned} \|\vec{x}\| &= \|\psi\rangle\|_2 = \sqrt{\langle\psi|\psi\rangle} \\ \|\vec{x}_1 - \vec{x}_2\| &= \|\psi_1\rangle - \psi_2\rangle\|_2 \end{aligned}$$

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\implies Normalized states lie on the surface S^{2d-1} of a **hypersphere** in \mathbb{R}^{2d} .

Levy's lemma

Lemma 1 (Levy's lemma)

Let $f : S^{d-1} \rightarrow \mathbb{R}$ have a finite Lipschitz constant

$$\eta = \sup_{\vec{x}_1, \vec{x}_2} \frac{|f(\vec{x}_1) - f(\vec{x}_2)|}{\|\vec{x}_1 - \vec{x}_2\|},$$

with respect to the euclidean norm $\|\cdot\|$.

Then, for uniformly random points $\vec{x} \in S^{d-1}$,

$$\mu \{|f(\vec{x}) - \langle f \rangle| \geq \epsilon\} \leq 2 e^{-\frac{C d \epsilon^2}{\eta^2}},$$

where $C = (9 \pi^3)^{-1}$.

Typicality of expectation values

Theorem 2

Let $\mathcal{H}_R \subseteq \mathcal{H}$, $d_R = \dim(\mathcal{H}_R)$ and Π_R the projector onto \mathcal{H}_R .

For randomly chosen pure states $\psi = |\psi\rangle\langle\psi|$

$$\mu \left\{ \left| \text{Tr}[A\psi] - \text{Tr}\left[A \frac{\Pi_R}{d_R}\right] \right| \geq \epsilon \right\} \leq 2 e^{-\frac{C d_R \epsilon^2}{\|A\|_\infty^2}},$$

for every $\epsilon > 0$, where $C = (36 \pi^3)^{-1}$.

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for every $\epsilon > 0$, where $C = (36 \pi^3)^{-1}$.

\implies Theorem 2 justifies the equal a priori probability postulate!

Typicality of expectation values

Proof.

- Define:

$$f_A(\psi) = \text{Tr}[A \psi] \quad f : S^{2d-1} \rightarrow \mathbb{R}$$



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- Calculate the expectation value:

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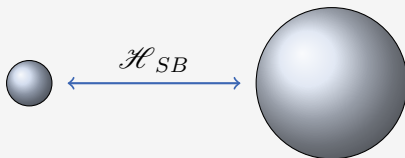
- Bound the Lipschitz constant:

$$\begin{aligned} |f_A(\psi_1) - f_A(\psi_2)| &= |\text{Tr}[A(\psi_1 - \psi_2)]| \\ &\leq \|A\|_\infty \|\psi_1 + \psi_2\|_2 \|\psi_1 - \psi_2\|_2 \\ &\leq 2 \|A\|_\infty \|\psi_1 - \psi_2\|_2 \end{aligned}$$



Subsystem equilibration

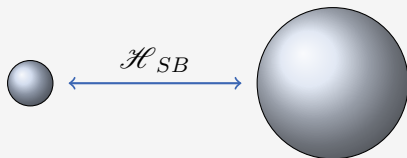
Setup

System, $\mathcal{H}_S, \mathcal{H}_S$ Bath, $\mathcal{H}_B, \mathcal{H}_B$ 

$$\rho_t^S = \text{Tr}_B[\psi_t]$$

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$$\text{Tr}[(A_S \otimes \mathbf{1}_B)\psi_t] = \text{Tr}[A_S \rho_t^S]$$

reduced state \rightarrow locally observable

A very weak assumption on the Hamiltonian

Definition

A Hamiltonian has **non-degenerate energy gaps** iff:

$$E_k - E_l = E_m - E_n$$

$$\implies k = l \wedge m = n \text{ or } k = m \wedge l = n$$

Two definitions

- Trace distance

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■ Trace distance

$$\begin{aligned}\mathcal{D}(\rho, \sigma) &= \frac{1}{2} \|\rho - \sigma\|_1 \\ &= \max_{0 \leq A \leq 1} \text{Tr}[A \rho] - \text{Tr}[A \sigma]\end{aligned}$$

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■ Time average

$$\begin{aligned}\overline{\rho_t} &= \lim_{T \rightarrow \infty} \frac{1}{T} \int_0^T \rho_t dt \\ \overline{f(\rho_t)} &= \lim_{T \rightarrow \infty} \frac{1}{T} \int_0^T f(\rho_t) dt\end{aligned}$$

Equilibration

Theorem 3

Let \mathcal{H} have *non-degenerate energy gaps*.

Then for every $\psi_0 = |\psi_0\rangle\langle\psi_0|$

$$\overline{\mathcal{D}(\rho_t^S, \overline{\rho_t^S})} \leq \frac{1}{2} \sqrt{\frac{d_S^2}{d^{\text{eff}}}}.$$

$$d_S = \dim(\mathcal{H}_S) \quad d^{\text{eff}} \sim \# \text{ energy eigenstates in } |\psi_0\rangle$$

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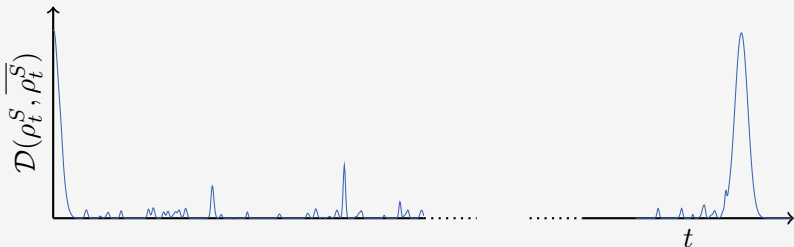
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\implies If $d^{\text{eff}} \gg d_S^2$ then ρ_t^S *equilibrates*.

Statistical equilibration

$$\overline{\mathcal{D}(\rho_t^S, \overline{\rho_t^S})} \leq \frac{1}{2} \sqrt{\frac{d_S^2}{d^{\text{eff}}}}$$



⇒ No conflict with time reversal invariance!

Typical effective dimension

Theorem 4

For random $\psi_0 = |\psi_0\rangle\langle\psi_0| \in \mathcal{H}_R$ with $d_R = \dim(\mathcal{H}_R)$

$$\mu \left\{ d^{\text{eff}} < \frac{d_R}{4} \right\} \leq 2 e^{-c\sqrt{d_R}}$$

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$$\mu \left\{ d^{\text{eff}} < \frac{d_R}{4} \right\} \leq 2 e^{-c\sqrt{d_R}}$$

\implies If d_R is large then d^{eff} is large.

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Typical states of large quantum systems

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Typical states of large quantum systems

- give expectation values close to that of the microcanonical ensemble,
- have a high average effective dimension,
- and their subsystems equilibrate.

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Thank you for your attention!

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