

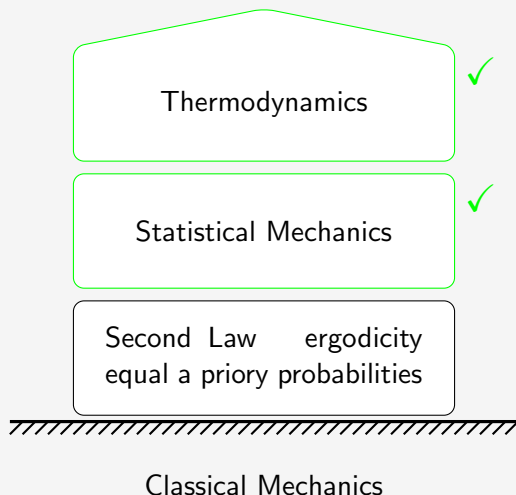
# Pure state quantum statistical mechanics

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2010-06-23

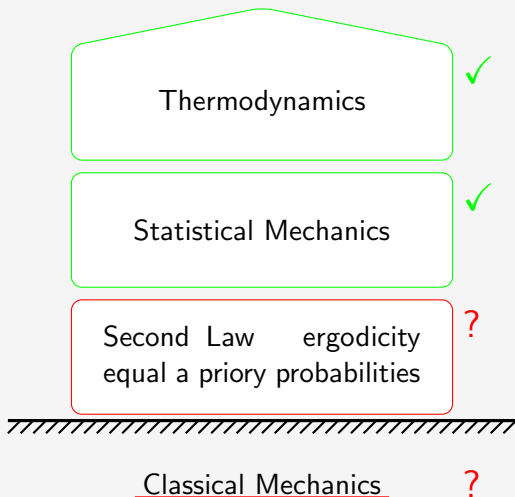
# New foundation for Statistical Mechanics



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[1, 2]

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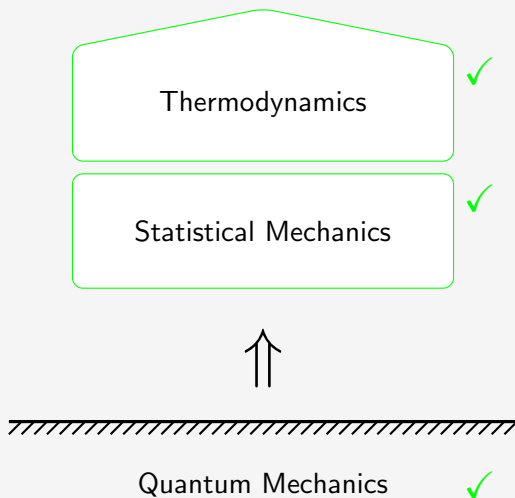
Thermodynamics ✓

Statistical Mechanics ✓

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[1, 2]

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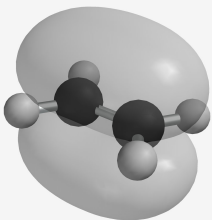
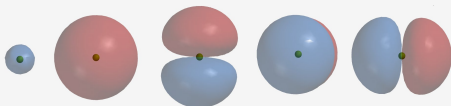
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[1, 2]

# Why do electrons hop between energy eigenstates?

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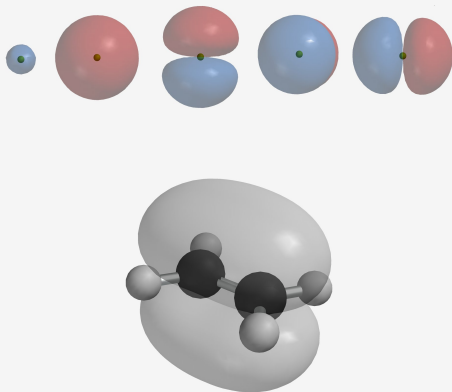
quantum mechanical orbitals



coherent superpositions

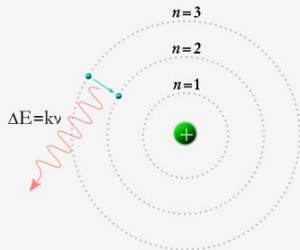
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quantum mechanical orbitals



coherent superpositions

discrete energy levels



hopping



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## Setup and notation

## Notation and some technicalities

- Operational distinguishability (trace distance)

$$\mathcal{D}(\rho, \sigma) = \frac{1}{2} \|\rho - \sigma\|_1 = \max_{0 \leq A \leq 1} \text{Tr}[A \rho] - \text{Tr}[A \sigma]$$

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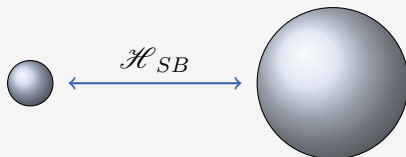
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$$\stackrel{\text{(Assumption 1)}}{=} \frac{1}{\sum_k |\langle \psi_0 | E_k \rangle|^4} \sim \# \text{ energy eigenstates in } \psi_0$$



## Setup

System,  $\mathcal{H}_S, \mathcal{H}_S$ Bath,  $\mathcal{H}_B, \mathcal{H}_B$ 

$$\rho_t^S = \text{Tr}_B[\psi_t]$$

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$$\frac{d\psi_t}{dt} = i[\psi_t, \mathcal{H}]$$

# A very weak assumption on the Hamiltonian

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## Assumption 1

A Hamiltonian has **non-degenerate energy gaps** iff:

$$E_k - E_l = E_m - E_n$$

$$\implies k = l \wedge m = n \text{ or } k = m \wedge l = n$$

## Subsystem equilibration

# Measure concentration in Hilbert space

## Theorem 1

For random  $\psi_0 \in \mathcal{P}_1(\mathcal{H})$  with  $d = \dim(\mathcal{H})$

$$\Pr \left\{ d^{\text{eff}}(\omega) < \frac{d}{4} \right\} \leq 2 e^{-c\sqrt{d}}$$

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$\implies$  If  $d$  is large then  $d^{\text{eff}}(\omega)$  is **large**.

# Equilibration

## Theorem 2

For every  $\psi_0 \in \mathcal{P}_1(\mathcal{H})$

$$\langle \mathcal{D}(\rho_t^S, \omega^S) \rangle_t \leq \frac{1}{2} \sqrt{\frac{d_S^2}{d^{\text{eff}}(\omega)}}$$

where

$$\rho_t^S = \text{Tr}_B \psi_t$$

$$\omega^S = \langle \rho_t^S \rangle_t$$

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where

$$\rho_t^S = \text{Tr}_B \psi_t \quad \omega^S = \langle \rho_t^S \rangle_t \quad \omega = \langle \psi_t \rangle_t$$

$\implies$  If  $d^{\text{eff}}(\omega) \gg d_S^2$  then  $\rho_t^S$  equilibrates.

# Speed of the fluctuations around equilibrium

$$v_S(t) = \lim_{\delta t \rightarrow 0} \frac{\mathcal{D}(\rho_t^S, \rho_{t+\delta t}^S)}{\delta t} = \frac{1}{2} \left\| \frac{d\rho_t^S}{dt} \right\|_1$$

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## Theorem 3

For every  $\psi_0 \in \mathcal{P}_1(\mathcal{H})$

$$\langle v_S(t) \rangle_t \leq \| \mathcal{H}_S \otimes \mathbf{1} + \mathcal{H}_{SB} \|_\infty \sqrt{\frac{d_S^3}{d^{\text{eff}}(\omega)}}$$

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# Summary

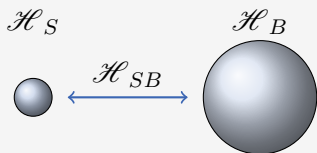
Typical states of large quantum systems

- have a high average effective dimension,
- their subsystems equilibrate
- and fluctuate slowly around the equilibrium state.

## Decoherence under weak interaction

# Approach 1: Effective dynamics

standard QM:

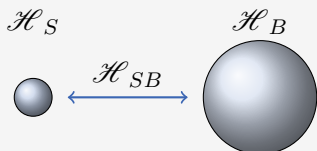


$$\frac{d\rho_t^S}{dt} = i \operatorname{Tr}_B[\psi_t, \mathcal{H}]$$



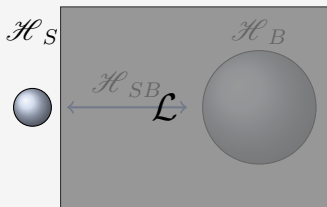
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$$\frac{d\rho_t^S}{dt} = i \operatorname{Tr}_B[\psi_t, \mathcal{H}]$$

effective dynamics:



$$\frac{d\rho_t^S}{dt} = i[\rho_t^S, \mathcal{H}_S] + i \mathcal{L}(\rho_t^S)$$

## Approach 2: Decoherence à la Zurek

- Special Hamiltonian with pointer states  $|p\rangle$ :

$$\mathcal{H} = \sum_p |p\rangle\langle p| \otimes \mathcal{H}^{(p)}$$

- Initial product state  $\psi_0 = \rho_0^S \otimes \psi_0^B$

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### Einselection

Off-diagonal elements in the **pointer basis** are **suppressed**:

$$\langle p | \rho_t^S | p' \rangle = \langle p | \rho_0^S | p' \rangle \underbrace{\langle \psi_0^B | U_t^{(p')}^\dagger U_t^{(p)} | \psi_0^B \rangle}_{\leq 1}$$

[5]

# Comparison

## Pros and cons

	unitary evolution	general mechanism
effective dynamics	X	✓
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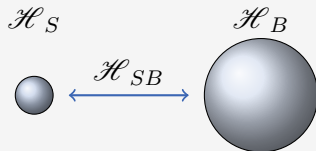
Can we find a more **general mechanism**  
based on **standard Quantum Mechanics**?

# Yes we can!

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Given the interaction is *weak*

$$\| \mathcal{H}_{SB} \|_{\infty} \ll \| \mathcal{H}_S \|_{\infty},$$



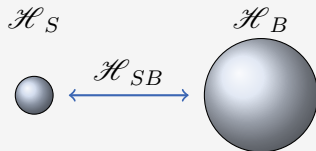
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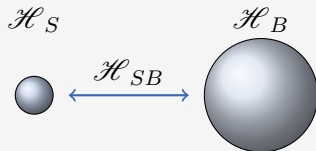
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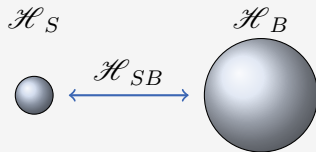
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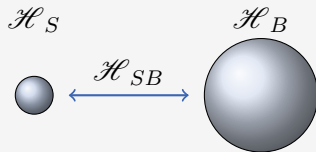
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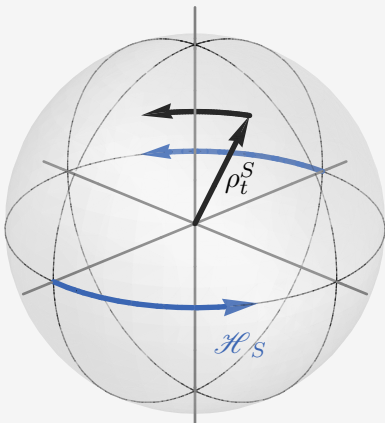
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## Tow competing forces

$$\frac{d\rho_t^S}{dt} = i \operatorname{Tr}_B[\psi_t, \mathcal{H}_S \otimes \mathbb{1} + \mathcal{H}_{SB}] = i[\rho_t^S, \mathcal{H}_S] + i \operatorname{Tr}_B[\psi_t, \mathcal{H}_{SB}]$$

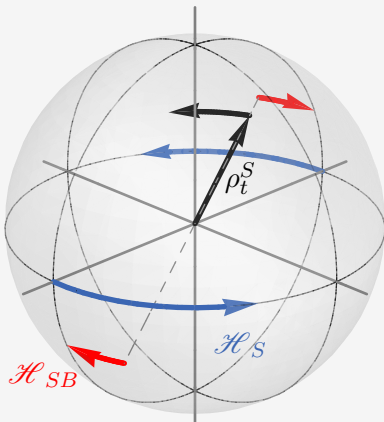
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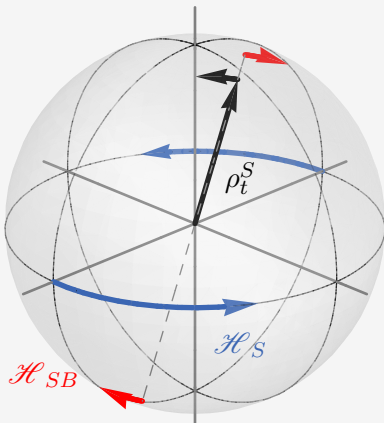
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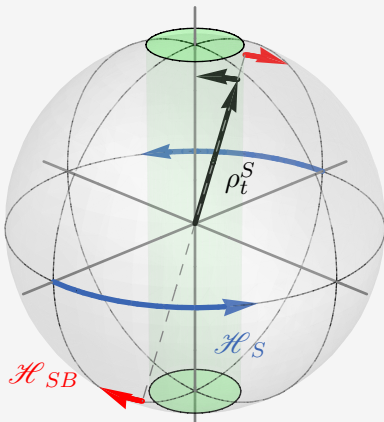
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## Two competing forces

$$\frac{d\rho_t^S}{dt} = i \operatorname{Tr}_B[\psi_t, \mathcal{H}_S \otimes \mathbb{1} + \mathcal{H}_{SB}] = i[\rho_t^S, \mathcal{H}_S] + i \operatorname{Tr}_B[\psi_t, \mathcal{H}_{SB}]$$





# Decoherence through weak interaction

## Theorem 4

All reduced states  $\rho_t^S$  satisfy

$$\max_{k \neq l} 2 |E_k^S - E_l^S| |\rho_{kl}^S| \leq 2 \| \mathcal{H}_{SB} \|_\infty + \left\| \frac{d\rho_t^S}{dt} \right\|_1,$$

where  $\rho_{kl}^S = \langle E_k^S | \rho_t^S | E_l^S \rangle$ .

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where  $\rho_{kl}^S = \langle E_k^S | \rho_t^S | E_l^S \rangle$ .

$\implies$  If  $\mathcal{H}_{SB}$  is **weak** and  $\rho_t^S$  is **slow** its off-diagonal elements are **small**.

# Consequences for small and large systems

$$\max_{\{(k,l)\}} \sum_{(k,l)} 2 |E_k^S - E_l^S| |\rho_{kl}^S| \leq 2 \| \mathcal{H}_{SB} \|_{\infty} + \left\| \frac{d\rho_t^S}{dt} \right\|_1$$

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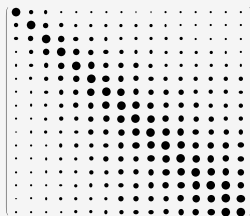
Decoherence in the  $\mathcal{H}_S$   
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Decoherence in the  $\mathcal{H}_S$   
eigenbasis



No Schrödinger's cat states

# Take-home message

## Typical states of large quantum systems

- have a **high average effective dimension**,
- their **subsystems equilibrate**
- and **fluctuate slowly** around the equilibrium state,
- and given the interaction is **weak** they are **close to diagonal** in the local energy eigenbasis.

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Thank you for your attention!

→ beamer slides: <http://www.cgogolin.de>